

**2016-2017**

# **THE FAMILY SEW SERIES**

**THE FAMILY SOCIAL AND EMOTIONAL WELLNESS SERIES**

**TITLE I and COUNSELING DEPARTMENT**

Workshops facilitated by The Living Water Well Inc.

**JANUARY - MAY 2016**



**JANUARY 19, 2017**

**THE IMPORTANCE OF FAMILY LAUGHTER & TOGETHERNESS**

**FEBRUARY 21, 2017**

**DISCUSSING THE MANY STYLES OF PARENTING**

**MARCH 14, 2017**

**TELLING MY PARENTS: "I THINK I AM MORE THAN SAD"**

**APRIL 6, 2017**

**COMMUNICATION STRATEGIES BETWEEN PARENTS AND THEIR YOUNG  
ADULTS**

**MAY 24, 2017**

**STRATEGIES FOR EFFECTIVE PARENTING FROM TWO HOMES**

**ALL WORKSHOPS ARE OPEN TO PARENTS AND STUDENTS**

**AT UNION HIGH SCHOOL LIBRARY 6:30 – 8:00**

**Light Refreshments will be served**